

Oral health and social aspects of life among patients in opioid maintenance treatment

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Aims

The main objectives of our study were to assess

- ⇒ oral health related behaviors
- ⇒ perceived oral impacts

Background

Patients with opioid dependence experience that dental treatment is slow, time consuming and done in the cheapest way possible. It is also difficult to establish a "close bond" with a dentist.

Measurements

A short structured questionnaire, registered

- life-style: smoking, hygiene, drinks with sugar and sweets
- oral health related symptoms

Design

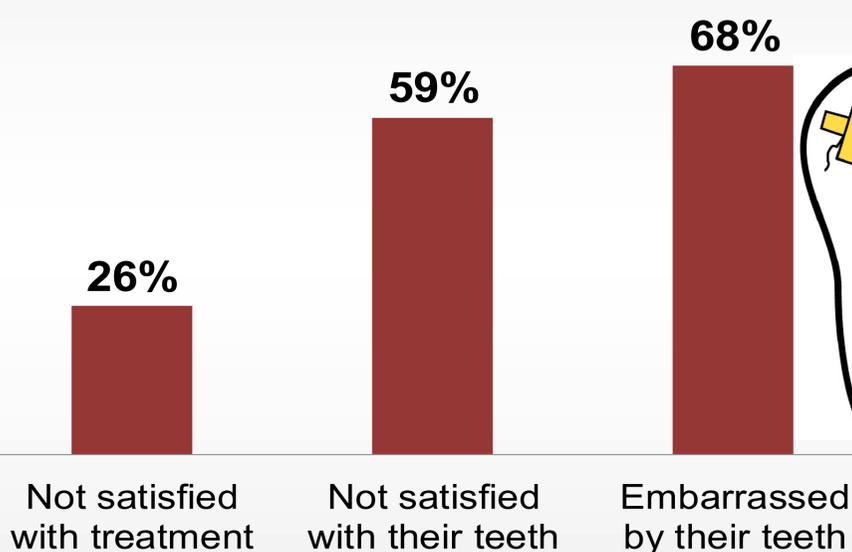
A cross-sectional study

Setting

Opioid maintenance treatment (OMT) outpatient clinics

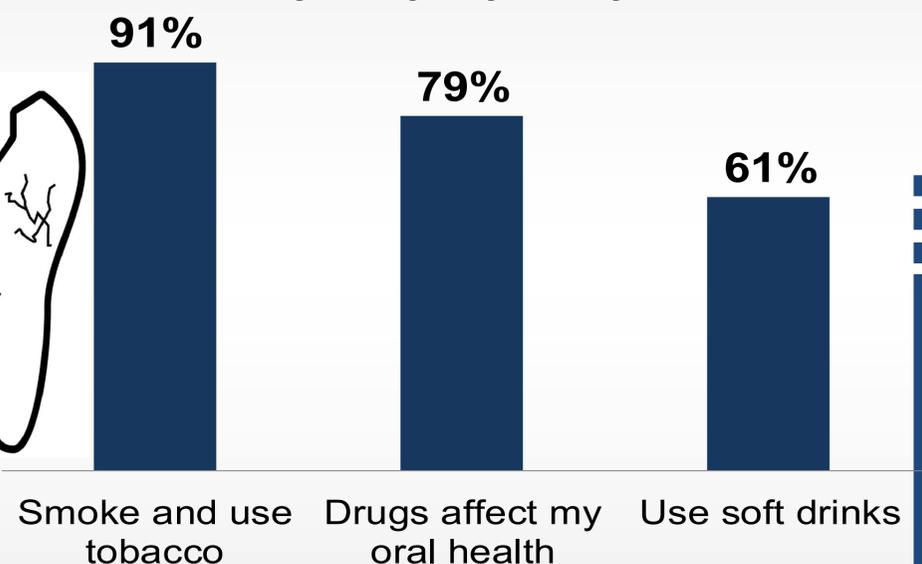
Findings

Satisfaction and dental health



Findings

My every day lifestyle



Participants

Time period	Dec 2017 - Feb 2018
Inclusion criteria	Patients in OMT clinics
Included	162 participants
"What's in it for me?"	Dentistry kit (Zendium)

Contact
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There is no conflict of interest

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Conclusions

Oral health related morbidity is substantial in the OMT context.

Main factors that contribute to dental problems are: lifestyle (drugs, smoking, sugar) and psychological.

The appearance has an influence on social life of patients in OMT. Oral health of patients receiving OMT frequently impacts on the patients' life satisfaction.